



## Decrease Prescription Claims Costs. Increase Return To Work.

An innovative Marquee service, TCM RX provides a comprehensive review of prescribed medications with a goal of reducing costs and opioid use.

Our team of physicians and nurses have developed a customized list of prescription triggers and prescribing patterns which our systems flag for further review and intervention.

When a case has been flagged for review, a Telephonic Case Manager (TCM) will reach out to the prescribing physician and begin discussions to address various areas of opportunity to reduce costs and improve the patients outcome. This could include negotiating a lower cost for brand name medication, advising the physician of multiple prescribers on the case and or address periodic drug testing for opiates.

### The Results:

- Lower cost per claim for drug spend
- Reduction in Opiate use
- Minimize adverse drug effects and supplemental treatment requests
- Speedy return to work
- Decreased overall length of treatment

### How it works:



TCM nurse calls prescribing physician same day the referral is received.



A faxed brief letter follows, outlining triggers regarding medications (example: more than one class of drug being used; polypharmacy over 5 medications in 30 days being prescribed, etc.).



Letter includes adverse outcomes for triggers and general medically accepted guidelines for prescribing.



Nurse follows up prior to the claimant's next M.D. visit, reminding physician of triggers to address at visit.



Nurse continues with post visit call and/or letter for outcomes and documents in claims system, which includes a request for the medication to be written on a DWC RFA-form 1 (state-mandated Request for Authorization form)



If no reduction is received by nurse efforts, the RFA is sent to Utilization Review for a peer review, resulting in a state-approved, legislatively upheld peer review decision, final and binding for California claims.

**Innovative solutions for optimal results: Marquee Managed Care Solutions**  
**Learn how our TCM RX program can work for you!**